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Uganda on Thursday charged five more men linked to a Congo-based

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Islamist rebel group with murder, terrorism and attempted murder offences related to a foiled plot last month to assassinate a minister ...

Five men with Congo rebel ties charged over attempted murder of Uganda minister

The gunmen who tried to kill a Ugandan minister last month trained in an Islamist rebel camp in Democratic Republic of Congo, police said on Thursday.

Uganda links Islamist rebels to attempted murder of minister

There is an hour and a half of form completed before heading off for a personal training session to open the lungs ... in walk two Asian punters with what is clearly a plain-clothes bodyguard, who has ...

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Diary of a pro punter

Bikila, who was a member of the Imperial Bodyguard, was actually a last-minute ... one pair of running shoes but they were ruined in training in the month before the Games. With his new ones ...

Pause, rewind, play: When Abebe Bikila created marathon history at

Rome Olympics with a barefoot run

Through Sept. 5, 11 a.m.-5 p.m. and Tuesdays-Saturdays, 11 a.m.-5 p.m. Continues through Oct. 30 ...

Too many competing notions draw focus from the main character in Black Widow

The gunmen who tried to kill a Ugandan minister last month trained in an Islamist rebel camp in Democratic

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Republic of Congo, police said.

Islamist rebels linked to attempted murder of Uganda minister

Katumba was injured while his bodyguard emerged unscathed and was ... as well as al-Qaeda training manuals on how to make and detonate bombs. There has been more than a dozen assassinations ...

Five men with Congo rebel ties charged over attempted murder of Uganda minister

He was injured while his bodyguard emerged unscathed ... as well as Al-Qaeda training manuals on how to make and detonate bombs,” Lokech said. ADF has been accused of killing thousands ...

Uganda links IS rebels to minister's

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attempted murder

He was injured while his body guard emerged unscathed ... as well as Al-Qaeda training manuals on how to make and detonate bombs,” Lokech said. ADF has been accused of killing thousands ...

I wrote this book to teach people with no background in the protection industry how to not only be their own bodyguard but how to learn new skills so that they may eventually protect other people professionally. If you want to learn the business and become a Private Security or Close Protection Operator, you must learn a series of

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skill sets. How you gain any skill set can vary from person to person. Some people acquire the skills in the military, police or even after years of hands-on martial arts training. You do not have to become a Green Beret, Navy SEAL or CIA Contractor to acquire a series of proficient skill sets on survival, combatives or shooting. All you have to do to acquire some new skills in personal protection is to have the desire to learn and then apply what you have learned safely and with a high level of proficiency. I will pass on small pearls of wisdom throughout this book. The gems that I pass on to you have been passed on to me in many different ways throughout my life. Each jewel will be a new skill or a direction to learn. The more that you learn, the more you will understand. Any person with the passion for learning will pick

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up these new skills and instantly apply them. The more that you read about close protection, the more you will learn from this book. The more that you physically do, the more ingrained your skills will become into daily operational procedures. Even if you learn just one new thing from this book that saves your life, or someone else's, then it was worth learning that skill. Stay flexible in your thinking and keep an open mind as you read this book. The more you learn about yourself, the more you will want to know and apply your new skills towards your everyday life. Eventually you will be able to tie all of the pearls from this book together and become operationally proficient and stay safe in many different scenarios.

This book shows ordinary people how

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to protect themselves against threats and how to protect clients if they wish to secure a job in close protection.

Learn tricks of the trade from a seasoned professional. The training in this book can save your life or the lives of your loved ones and clients.

Although military operations against terrorist forces often garner the headlines, those who protect government, military, and business leaders from assassination or kidnapping are also in the front lines against terrorism. Ready and prepared to place his body between his employer and a bullet, the bodyguard must be able to blend into the milieu around his charge, yet be ready to spring into action instantly to counter an attack. Based on techniques of the U.S. Secret Service, U.S. State

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Department Security, the Special Air Service, the Royal Corps of Military Police, the Metropolitan Police, the KGB and its successor the FSB, France's GSPR, and other protective units around the world, The Bodyguard Manual details the steps a protective team takes to prevent attack as well as the tactics which are employed when it is necessary to counter an attack in progress. From security aboard Concorde, the Orient Express, or the Queen Elizabeth 2, to protecting a military general officer in combat, The Bodyguard Manual allows the reader to "stand post" with the professional bodyguard.

The Executive Protection
Professional's Manual not only

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explains what it takes to be an executive protection professional but provides other valuable information as well, including tips on defensive tactics, bomb searches, searching for bugging devices, firearms training, defensive and evasive driving, and advance reconnaissance. This unique book also discusses important career information, such as how to select the area of executive protection in which you would like to work, how-much money you should make, the interview, and stories from real-life experiences of an EPP.

**B+W INTERIOR EDITION WRITTEN
FOR OPERATORS, BY OPERATORS**
Written by an experienced operator,
with contributions from other highly

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regarded Executive Protection Officers
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STUDENTS ALIKE The Bodyguard
Manual is designed to assist the
experienced operator and students
alike: it is currently issued to many
students attending Executive
Protection courses around the world.
DESIGNED FOR YOUR GO-BAG
Carried by experienced operators, the
Bodyguard Manual is designed for
quick reference when planning and
executing tasks. Including templates,
crib cards, kit lists, procedures, guides
and diagrams, the Bodyguard Manual
is the ideal tool to augment the
professional Executive Protection
Officer when planning and conducting
protection assignments. READER
REVIEWS An excellent quick
reference for new and experienced
alike. Concise and full of detail, vehicle

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drills particularly well presented. Would recommend to anybody about to join the circuit or do their CP or HECP course. You can never learn too much from those who have been before you. This is a must have essential piece of kit for any security professional operating in the industry. A well laid out format which has been structured and written with a no nonsense view. It lays out in simple terms what you require to operate as well as listing the top-tips that can only be discovered by operating in the industry for a number of years. This book is an excellent piece of equipment which will be part of my security kit for many years to to come. A big thanks must go to the author for suppling those of us operating in the industry with an excellent reference manual. Ok,the book does exactly

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what it's designed to do, it's basically a quick reference for CP operators both new to the world of CP or experienced, a lot of us don't work CP all the time and it's handy to have when you need to double check something. Exactly as described, a no nonsense guide. Extremely good tips, essential checklists. To someone like myself with limited knowledge of this industry it is excellent reference material.

This illustrated guide covers all aspects of self-defence and personal security in the street, car and home. In addition to providing explanations of the various combat and martial arts techniques, the author describes how to recognize an impending attack and how to deal with the attack.

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