

# Online Library Borderline Patients Extending The Limits Of Treatability

## Borderline Patients Extending The Limits Of Treatability

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Treatability (Basic Behavioral Science), by Harold W. Koenigsberg, MD, Otto F. Kernberg, MD, Michael H. Stone, MD, Ann H. Appelbaum, MD, Frank E. Yeomans, MD, PhD. Understanding and Treating Borderline Personality Disorder: A Guide for Professionals and Families, John G. Gunderson, MD, Perry D. Hoffman, PhD (Editors)

Books - For Professionals - Borderline Personality ...

Author: Marsha M. Linehan Publisher: Guilford Press ISBN: 1606237780 Size: 69.79 MB Format: PDF, Docs Category : Psychology Languages : en Pages : 558 View: 215 Get Book. Book Description: For the average clinician, individuals with borderline personality disorder (BPD) often represent the most challenging, seemingly insoluble cases. This volume is the authoritative presentation of dialectical ...

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The containers, which have space for 25 corpses, are used to store bodies for a short time after Covid patients die, confirmed Alexandra Kinski, head of cemeteries and crematoriums in Hanau.

Borderline conditions are a growing presence in the treatment room, yet they are uncommonly resistant to treatment. Dr. Kernberg and his colleagues have already articulated the modality they call Transference-Focused Psychotherapy. Now, in an unusually textured elaboration, they confront the complications that limit treatability—co-existing psychopathologies, early trauma/dissociation, problems endemic to the therapeutic situation (attachment disturbances, erotic transferences)—and bring new rounds of clinical ammunition to meet those challenges.

Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide presents a model of borderline personality disorder (BPD) and its treatment that is based on contemporary psychoanalytic object relations theory as developed by the leading thinker in the field, Otto Kernberg, M.D., who is also one of the authors of this insightful manual. The model is supported and enhanced by material on current phenomenological and neurobiological research and is grounded in real-world cases that deftly illustrate principles of intervention in ways that mental health professionals can use with their patients. The book first provides clinicians with a model of borderline pathology that is essential for expert assessment and treatment planning and then addresses the empirical underpinnings and specific therapeutic strategies of transference-focused psychotherapy (TFP). From the chapter on clinical assessment, the clinician learns how to select the type of treatment on the basis of the level of personality organization, the symptoms the patient experiences, and the areas of compromised functioning. In order to decide on the type of treatment, the clinician must examine the patient's subjective experience (such as symptoms of anxiety or depression), observable behaviors (such as investments in relationships and deficits in functioning), and psychological structures (such as identity, defenses, and reality testing). Next, the clinician learns to establish the conditions of treatment through negotiating a verbal treatment contract or understanding with the patient. The contract defines the responsibilities of each of the participants and defines what the reality of the therapeutic relationship is. Techniques of treatment interventions and tactics to address particularly difficult clinical challenges are addressed next, equipping the therapist to employ the four primary techniques of TFP (interpretation, transference analysis, technical neutrality, and use of countertransference) and setting the stage for and guiding the proper use of those techniques within the individual session. What to expect in the course of long-term treatment to ameliorate symptoms and to effect personality change is covered, with sections on the early, middle, and late phases of treatment. This material prepares the clinician to deal with predictable phases, such as tests of the frame, impulse containment, movement toward integration, episodes of regression, and termination. Finally, the text is accompanied by supremely instructive online videos that demonstrate a variety of clinical situations, helping the clinician with assessment and modeling critical therapeutic strategies. The book recognizes that each BPD patient presents a unique treatment challenge.

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Grounded in the latest research and rich with clinical insight, *Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide* will prove indispensable to mental health professionals seeking to provide thoughtful, effective care to these patients.

Treating borderline patients is one of the most challenging areas in psychotherapy because of the patient's extreme emotional expressions, the strain it places on the therapist, and the danger of the patient acting out and harming himself or the therapeutic relationship. Many clinicians consider this patient population difficult, if not impossible, to treat. However, in recent years dedicated experts have focused their clinical and research efforts on the borderline patient and have produced treatments that increase our success in working with borderline patients. Transference-Focused Therapy (TFP) is psychodynamic treatment designed especially for borderline patients. This book provides a concise and comprehensive introduction to TFP that will be useful both to experienced clinicians and also to students of psychotherapy. TFP has its roots in object relations and it emphasizes that the transference is the key to understanding and producing change. The patient's internal world of object representations unfolds and is lived in the transference with the therapist. The therapist listens for and makes use of the relationship that is revealed through words, silence, or, as often occurs in the case of individuals with some borderline personality disorder, acting out in subtle or not-so-subtle ways. This primer offers clinicians a way to understand and then use the transference and countertransference for change in the patient.

Determining the amenability of personality disorders to psychotherapy -- a patient's capacity to benefit from verbal approaches to treatment -- is important in helping clinicians determine the treatability of cases. Michael Stone here shares the factors he has observed over long years of practice that can help practitioners evaluate patients, stressing the amenability of the various disorders to amelioration. By focusing on which patients are likely to respond well to therapeutic intervention and which will prove most resistive, his book will help therapists determine with what kinds of patients they will most likely succeed and with which ones failure is almost a certainty. Stone establishes the attributes that affect this amenability -- such as the capacity for self-reflection, motivation, and life circumstances -- as guidelines for evaluating patients, then describes borderline and other personality-disordered patients with varying levels of amenability, from high to low. This coverage progresses from patients belonging to the DSM "anxious cluster," along with the depressive-masochistic character and the hysteric character, to patients who demonstrate an intermediate level of amenability to psychotherapy. He introduces the interrelationship between borderline personality disorder and dissociative disorders and discusses treatability among certain patients in Clusters "A" and "C," as well as others with narcissistic, histrionic, depressive disorders. Final chapters address the most severe aberrations of personality and the limitations they impose on the efficacy of therapy. *Personality-Disordered Patients* is filled with practical, clinically focused information. This guideline structured book: Covers all personality disorders-including ones not addressed in the latest DSM such as sadistic, depressive, hypomanic, and irritable-explosive Identifies both attributes necessary for treatability and factors associated with low treatability Pays particular attention to borderline disorders, which represent the most discussed conditions and are among the most challenging to psychotherapists Reviews personality traits whose presence, if intense-even if unaccompanied by a definable personality disorder-creates severe problems for psychotherapy Numerous case studies throughout the book provide examples that will help therapists determine which of their own patients are most likely to benefit from their efforts and thereby establish their own limits of effectiveness. By alerting practitioners to when therapy is likely to fail, these guidelines can help them avoid the professional disappointment of being unable to reach the most intractable patients.

"The subject of personality-what makes us each unique and different from one another-has long been a topic of universal fascination. From a medical perspective, the empirical and clinical research on personality disorders has expanded with the advent of standardized diagnostic systems. This continuing and increased activity and progress in the field spurred the development of this third edition of *The American Psychiatric Association Publishing Textbook of Personality Disorders*. With an emphasis on updating the information

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most relevant to clinicians, this new edition features contributions from established experts in the field as well as a new generation of scientists. Dozens of tables, illustrative figures, and real-life case examples summarize the vast data that continues to accumulate in five key areas: clinical concepts; risk factors for, and the etiology and impact of, personality disorders; treatment options across therapeutic modalities; special problems, populations, and settings, such as including suicidal behavior, substance use disorders, antisocial behavior, personality pathology in general medical settings, and personality disorders among active-duty military; and the usefulness of translational research in understanding the biopsychosocial nature of the personality disorders. This comprehensive textbook is a comprehensive and essential resource for clinicians looking to stay on the vanguard of a rapidly growing field"--

Featuring case vignettes from nearly 30 years of Dr. Yudofsky's clinical practice and incorporating the knowledge of gifted clinicians, educators, and research scientists with whom he has collaborated throughout that time, *Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character* uniquely captures the rapidly increasing body of clinical and research information about people with severe and persistent personality and character disorders. Within these pages, the author brings to life the psychopathologies of personality and character disorders through vivid vignettes based on composites of his many patients and their most important relationships -- while meticulously changing the identifying facts and relevant details to protect confidentiality. Covering the clinical course, treatment, genetics, biology, psychology, and destructive consequences of hysterical (histrionic), narcissistic, antisocial, paranoid, obsessive-compulsive, addictive, borderline, and schizotypal personality disorders, *Fatal Flaws* stands out in the literature for these powerful reasons: It is written for an unusually broad audience, from mental health students and trainees of all disciplines, to highly experienced clinicians, to patients who suffer from or are in destructive relationships with people with personality disorders. It is a hybrid -- part psychiatric textbook for clinicians and part self-help manual for patients and clients with personality and character disorders. It is designed to supplement treatment by providing patients with practical, evidence-based information about personality disorders and character flaws. It is particularly valuable to patients who are in psychotherapy, in part, because they are entangled in destructive relationships with people with disorders of personality and/or character. It is written in the first person, with the author directly communicating with a patient who either has a personality or character disorder or is in an important relationship with a person who has such a disorder. It is useful for people who are uncertain whether they or their loved ones have personality or character disorders, and who want to know more about these conditions and their treatments before making a decision about securing the help of a mental health professional. *Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character* is a compelling volume that provides the essential information and a realistic sense of the clinical experience required to inform, orient, and support novice mental health professionals and seasoned practitioners alike as they face the ongoing challenges of treating patients or clients with personality or character disorders. It should also prove to be an invaluable resource for those who wish practical and effective help in understanding and changing their destructive relationships with people who have severe and persistent disorders of personality and/or character.

This volume presents work at the interface of feminist theory and mental health. The editors a stellar array of contributors to continue the vital process of feminist theory building and critique.

The Adult Attachment Interview (AAI) is both a mainstay of attachment research and a powerful clinical tool. This unique book provides a thorough introduction to the AAI and its use as an adjunct to a range of therapeutic approaches, including cognitive-behavioral therapy, psychoanalytic psychotherapy, parent-infant psychotherapy, home visiting programs, and supportive work in the context of foster care and adoption. Leading authorities provide detailed descriptions of clinical procedures and techniques, illustrated with vivid case material. Grounded in research, the volume highlights how using the AAI can enhance assessment and diagnosis, strengthen the therapeutic alliance, and facilitate goal setting, treatment planning,

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and progress monitoring.

This book includes the work of 22 contributing writers in addition to the three primary authors, John F. Clarkin, Ph.D., Peter Fonagy, Ph.D., and Glen O. Gabbard, M.D. Each contributor has extensive clinical experience, and some also have research experience, with the assessment and treatment of specific personality disorders.

In the first book to argue that neurotic, psychotic, and borderline personality disorders can be identified, diagnosed, and treated even in the young, a renowned child psychiatrist marshalls her developmental perspective and adduces clinical evidence to support it. Kernberg and her colleagues elucidate assessment criteria and advance therapeutic approaches for each disorder.

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