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Chronic Loneliness in the Elderly: Helping Yourself or Others Many people, especially codependents, are haunted by inner loneliness. Twenty percent (60 million) of Americans report that loneliness is the source of their suffering. In fact, our emotional reaction

The Dark Side of Loneliness - Psych Central Many men prioritize the pursuit of status, power, and autonomy, which can have its advantages in moving them towards financial security and up society's ladder. But as my guest lays out in his book, Lonely at the Top: The High Cost of Men's Success, a focus on work over relationships can also come with significant, even [...]

Male Loneliness — And What Men Can Do About it! | Art of ... Updated 10:14 am EST, Monday, December 21, 2020 Margie Copenhaver, an 83-year-old resident of Eagle Manor in Helena, Mont., pets her robotic pet dog Muffie, Dec. 11, 2020. "Muffie is good company ...