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Beyond the functional approach, Nutrition for Life includes applied features such as Eating Right All Day, Foods You Don't Know You Love Yet, and new Cooking videos. The Third Edition also includes additional content with engaging new features, fewer Nutri-Cases, and the new MyPlate food patterns and recommendations. The art and photos have also been updated, along with a fresh interior design.

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Nutrition for Life. 3rd Edition. by Janice J. Thompson (Author), Melinda Manore (Author) 4.3 out of 5 stars 39 ratings. ISBN-13: 978-0321787941. ISBN-10: 0321787943. Why is ISBN important? ISBN. This bar-code number lets you verify that you're getting exactly the right version or edition of a book.

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Beyond the functional approach, Nutrition for Life includes new applied features such as Eating Right All Day, Foods You Don't Know You Love Yet, and end-of-chapter Cooking videos, which gives students all they need to know to put good nutrition information into action. The Third Edition also includes a Nutri-Case in each chapter plus the new MyPlate food patterns and recommendations. The art and photos have also been updated, along with a fresh interior design.

*Thompson & Manore, Nutrition for Life | Pearson*

Full Title: Nutrition for Life; Edition: 3rd edition; ISBN-13: 978-0321774354; Format: Paperback/softback; Publisher: Benjamin Cummings (1/6/2012) Copyright: 2013; Dimensions: 8.4 x 10.9 x 0.7 inches; Weight: 2.4lbs

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Description & Nutrition for Life capitalizes on students' natural interest in nutrition by demonstrating how it relates directly to their health and daily lives. This book is unique among introductory texts in its presentation of nutrients based on function, rather than chemical classification.

*Thompson & Manore, Nutrition for Life, 3rd Edition | Pearson*

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*Thompson & Manore, Nutrition for Life, 4th Edition | Pearson*

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