

## Obesity Research Paper Introduction

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The main cause of obesity is determined to be surfeit and unhealthy diet. Obesity can be prevented no matter what genetic penchants are. Except for being a problem itself, obesity may result in diabetes, cancers, cardiovascular diseases, and many others. Obesity is a result of fast-growing civilization development.

[How To Write A Strong Obesity Research Paper?](#)

**OBESITY AND HEALTH** – Introduction. Being obese and overweight has a number of significant implications on one ’ s health. Obesity brings up the risks of contracting a wide range of lethal health conditions including high blood pressure and mental health problems. There have been a number of studies on the impacts of obesity on the health of individuals.

[Obesity Research Paper Article | Impact of Obesity on Health](#)

According to World Health Organization (WHO), any individual with a body mass index (BMI) greater than or equal to 30 kg/m 2 is obese and severe or class III obesity is defined as a BMI equal to or greater than 40 kg/m 2; this term is also used for individuals with a BMI between 30 and 39.9 kg/m 2 who have significant comorbidities.

[Introduction to Obesity | SpringerLink](#)

Introduction Obesity may be defined as a condition characterized by excessive or abnormal accumulation of fats in body tissues. Before an individual is categorized as an obese, he or she must first become overweight; a condition characterized by abnormally high weight. Thus, the two terms, overweight and obesity, are closely related.

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Defining Obesity as a Disease. Defining obesity against a set standard of what is a normal or healthy level of body fat leads to an emphasis on prevention and cure, and underscores obesity as (1) a problem, with (2) an identifiable cause (diagnosis), and that (3) requires evaluation, intervention, management, and control.

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The obesity is related to the how much energy is left, but the most important cause of having the obesity is “dysbalance between energy intake and energy expenditure” (Nazarii Kobylak 1). The obesity is the excessive fat in the body and it can cause to any age group from child to the old person. Continue Reading.

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Obesity is a problem in contemporary society because of the rising numbers of people that are classed as being obese. If a person ’ s Body Mass Index (BMI) is between 30-40 this is classed as being obese (National Health Service [NHS], 2012). 23.9% of women and 22.1% of the men in the UK are obese (Hall, 2012).

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Obesity and BMI (body mass index) are both tools of measurement that are used by doctors to assess body fat according to the height, age and gender of a person. If the BMI is between 25 to 29.9, that means the person has excess weight and body fat. If the BMI exceeds 30, that means the person is obese.

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Obesity in America Essay. 1285 Words | 6 Pages. a long time, obesity has been one of the notable health concerns that America has struggled with during the last five decades. Obesity as a health concern is not limited to America alone, it is a serious concern among other affluent societies like European countries.

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This research paper provides an introduction to the issue of obesity and its increasing prevalence throughout the population in Northern Ireland. The paper identifies the extent of overweight and...

[OBESITY INQUIRY RESEARCH PAPER](#)

Obesity is a curse of the XXI century that many teenagers are suffering from in different parts of the world. Besides, that is not enough to just collect some data you found online and write it in your project, but also to structure your papers properly. The question is then “what should an ideal outline for Childhood Obesity essay look like”?

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France, m. Ed phd. research obesity child paper introduction guidance and counselling at the very poor are not as protective factors, the strategy of development and education they are fixed by the university of calabar, cla universite de franche comte. Personal communication on opening up new possibilities for teacher education curriculum learning context feed back to an illness, or they may impact resources and tools for this assignment, the students will gain the skills of expression may ...

[Uni Essay: Child obesity research paper introduction...](#)

Research paper, Pages 8 (1901 words) Views 642 “One out of every five children in the U.S. is overweight or obese” (“Obesity in Children”), and as the number rises the significance of the problem grows. Obesity is a widespread epidemic that is taking a toll not only on the US, but also other parts of the world.

[Childhood obesity research paper Free Essay Example](#)

The introduction part draws your reader ’ s attention towards the topic. Therefore, need to develop a catchy and extensively detailed introduction enabling the audience to understand the background information of obesity. Your introduction must contain a thesis statement. The thesis statement must express the main idea of the essay.

[How To Write an Obesity Research Paper – Bright Writers](#)

Obesity Research Paper 6 Thesis Statement Ideas for Obesity Research Paper Writing Obesity is not a disease but can be the major cause for many major diseases. It is a medical condition in which the body fats accumulate to the extent that it becomes injurious to the health.

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Obesity research: background. Obesity and its related diseases place a significant burden on healthcare systems and tackling obesity is a government-wide priority in the UK. As part of joint plans agreed under the Office for Strategic Coordination of Health Research, the National Institute for Health Research takes a strategic lead on obesity research.

[Obesity research: background – Medical Research Council](#)

Childhood obesity is a major problem in the United States. Childhood obesity is characterized by a Body Mass Index – the body weight (kilograms) divided by the height (meters) – of 95th percentile or higher. It is a significant public health issue because a majority of the processes that lead up to obesity start in early childhood.

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Factors that are included in obesity are genetic, environmental, cultural, behavioral, socioeconomic, psychological, or metabolic (Whitney 257). The most common are genetics and psychological (emotional; for the need of ice cream, for example).