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capably as picked to act.

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Prakriti in Ayurveda is basically your  
unique identity that forms at ... body  
functions and one must pick a herb as per

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the body constitution. All possible measures have been taken to ensure ...

## ~~Take Care Of Your Oily Skin With These 6 Ayurvedic Tips~~

Ayurveda pays emphasis on a person ' s ' Prakriti ' (constitution) and prescribes a comprehensive treatment plan. Prescribed

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medication and herbal formulation  
composed of highly effective herbs ...

## ~~How to Manage Underlying Causes of PCOD Through Ayurveda~~

Ayurveda pays emphasis on a person ' s  
' Prakriti ' (constitution) and prescribes a  
treatment plan accordingly. Prescribed

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medication and herbal formulation are composed of highly effective ...

~~What is PCOD? Know it 's symptoms, causes & treatment~~

But is there a best time to wake up? Giving insight into the concept of waking up with the sun or before, and also sharing an ideal

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time to wake up, ayurvedic practitioner Dr  
Dixa Bhavsar recently ...

~~This is the best time to wake up, according  
to ayurveda~~

The history of medicine is a long and  
distinguished one as healers sought to  
alleviate illnesses and fix injuries since the

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dawn of humanity A high quality of  
Medical Knowledge was prevalent in ...

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