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Prof. Robert Lustig - 'The three faces of metabolic syndrome'  
What is Metabolic Syndrome? Robert Lustig - What is Metabolic Syndrome Anyway? Dr. Paul Mason - 'Treating Metabolic Syndrome'  
What is Metabolic Syndrome? Metabolic Syndrome (Insulin Resistance Syndrome) | Syndrome X Metabolic Syndrome - What it is and how to treat it.

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Metabolic Syndrome: A Dangerous Combination of Risk Factors  
Metabolic

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Disorders Metabolic Syndrome Update The  
Mind-Blowing Science of Fat-Burning and  
Insulin Resistance with Dr. Benjamin  
Bikman Metabolic Syndrome: The BEST  
Diet To Overcome It Naturally What is  
METABOLIC SYNDROME? (It's a BIG  
Deal) Sarah Hallberg - Type II Diabetes  
Treatment: How Did We Get Here? What's  
Our Best Path Forward? The Hacking of the  
American Mind with Dr. Robert Lustig  
Why Cholesterol May Not Be the Cause of  
Heart Disease with Dr. Aseem Malhotra  
Prof. Thomas Seyfried - 'Cancer as a  
Metabolic Disease: Implications for Novel  
Therapies' Jeff Volek - Keto-Adaptation:  
Implications for Human Performance  
~~Wanna know how to collapse your heart  
disease risk? Ok then. Prof. Robert Lustig—  
'Sugar, metabolic syndrome, and cancer'~~ Eat  
Rich Live Long with Ivor Cummins -  
avoiding obesity, insulin resistance \u0026  
heart disease Management of Metabolic

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Syndrome X Metabolic Syndrome:  
Symptoms, Causes, \u0026amp; How to  
REVERSE It || #108 ft. Ivor Cummins Dr.  
Benjamin Bikman - 'Insulin at the Center: A  
New/Old Paradigm for Metabolic  
Syndrome' Metabolic syndrome and THR  
or TKR - video abstract 145823 #176 -  
Fructose: The key culprit for obesity \u0026amp;  
metabolic syndrome? Steve Phinney -  
Inflammation, Nutritional Ketosis, and  
Metabolic Syndrome Prevalence Of  
Metabolic Syndrome In

The prevalence of the metabolic syndrome is often more in the urban population of some developing countries than in its Western counterparts. The two basic forces spreading this malady are the increase in consumption of high calorie-low fiber fast food and the decrease in physical activity due to mechanized transportations and sedentary form of leisure time activities.

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## The Global Epidemic of the Metabolic Syndrome

The prevalence of metabolic syndrome significantly increased with increasing age among all subgroups . Prevalence was 19.5% among those aged 20 to 39 years and increased to 48.6% among those aged at least 60 years. Among each age group, there were no significant differences in metabolic syndrome prevalence between men and women.

## Trends in the Prevalence of Metabolic Syndrome in the ...

The region has seen a recent rapid increase in the prevalence of obesity, type-2 diabetes and cardiovascular disease. The present systematic review summarizes the recent prevalence and trends of Metabolic Syndrome (MetS) among adults in countries of the Asia-Pacific Region.

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## Prevalence and trends of metabolic syndrome among adults ...

In most countries nearly 1/5th of the adult population or more were affected by Metabolic Syndrome with a secular increase in prevalence.

## Prevalence and trends of metabolic syndrome among adults ...

RESULTS: Over 57% of the veterans assessed were determined to have metabolic syndrome by modified IDF criteria, including 76.7% with BMI  $\geq 30$  kg/m<sup>2</sup>, 55.1% with or under treatment for hypertension, 49.7% with or previously diagnosed with diabetes mellitus, and 69.7% with or under treatment for high density lipoprotein (HDL) cholesterol under 40 mg/dl.

## Prevalence of metabolic syndrome in veterans with spinal ...

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By using the definition of metabolic syndrome from the International Diabetes Federation (IDF) and the National Cholesterol Education Program, the prevalence of metabolic syndrome is estimated at more than 30% in the United States; however, by using the Adult Treatment Panel criteria, prevalence is estimated at about 22% (14 – 16).

## Metabolic Syndrome Prevalence by Race/Ethnicity and Sex in ...

The objective of this study was to estimate the prevalence of metabolic syndrome and its individual components in South Asia region. A search was conducted on PubMed, Scopus and OvidSP (MedLine and EMBASE) using the term ‘ metabolic syndrome ’ , ‘ prevalence ’ and the name of each South Asian country for studies published on or after the year 2000.

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The prevalence of metabolic syndrome in South Asia: a ...

Prevalence of metabolic syndrome in sub-Saharan Africa: A systematic review and meta-analysis MS is not rare in SSA. The prevalence of MS was highest for women, populations in urban areas, and populations in Southern Africa. Public health intervention efforts are needed to prevent further increases in the burden of MS in the region.

Prevalence of metabolic syndrome in sub-Saharan Africa: A ...

In our study, we have used the established risk factors associated with the metabolic syndrome [41, 42] to identify the MHO phenotype. Our data on MetS components is consistent with the outcome of previously performed studies on the prevalence of the metabolic abnormalities in Europe [48, 52]. As age and sex are important factors in the ...



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The prevalence of metabolic syndrome and metabolically ...

From 2003 to 2012, overall prevalence of the metabolic syndrome in the United States was 33% (95% CI, 32.5%-33.5%), with significantly higher prevalence in women compared with men (35.6% vs 30.3%, respectively,  $P < .001$ ). When stratified by race/ethnicity, the highest prevalence of the metabolic syndrome was seen in Hispanics (35.4%; 95% CI, 34.2%-36.6%), followed by non-Hispanic whites (33.4%; 95% CI, 32.6%-34.2%) and blacks (32.7%; 95% CI, 31.5%-33.9%).

Prevalence of the Metabolic Syndrome in the United States ...

The weighted metabolic syndrome prevalence was 34.7% (95% CI, 33.1-36.3). Prevalence was not significantly different among men and women (35.1% vs 34.3%;  $P$

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**A.47**) and was highest among “ other ” race/ethnicity (39%), followed by Hispanic (36.3%) and non-Hispanic white (36%) participants.

## Metabolic Syndrome Prevalence Increases Among Young Adults ...

The prevalence of metabolic syndrome was significantly higher in women ( $p = 0.001$ ) and older participants ( $p = 0.001$ ), as well as in those who reported being housewives ( $p = 0.010$ ), retired ( $p = 0.046$ ) or unemployed ( $p = 0.024$ ). Conclusions: This study showed that metabolic syndrome is highly prevalent in the Portuguese adult population.

## The prevalence of the metabolic syndrome in Portugal: the ...

Metabolic syndrome (MetSyn) represents a clustering of different metabolic abnormalities. MetSyn prevalence is present

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in approximately 25% of all adults with increased prevalence in advanced ages.

## Prevalence of metabolic syndrome and metabolic syndrome ...

Age-Standardized Prevalence of the Metabolic Syndrome in the United States, 1999 to 2010 Values are % (95% confidence interval). HDL-C = high-density lipoprotein cholesterol.

## Prevalence and Trends of Metabolic Syndrome in the Adult U ...

Prevalance of Metabolic Syndrome: about 25% of the USA population have insulin resistance  
Prevalance Rate for Metabolic Syndrome: approx 1 in 4 or 25.00% or 68 million people in USA  
Extrapolation of Prevalence Rate of Metabolic Syndrome to Countries and Regions: **WARNING! EXTRAPOLATION ONLY! NOT BASED ON COUNTRY-SPECIFIC DATA**

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## Statistics by Country for Metabolic Syndrome ...

Metabolic syndrome (MS) is a precursor of these conditions, but the data on the prevalence of MS in SSA are fragmented. We conducted a systematic review and meta-analysis to estimate the prevalence of MS in SSA and determine the population groups that are most at risk.

## Prevalence of metabolic syndrome in sub-Saharan Africa: A ...

Features of participants according to metabolic syndrome status in total participants. The variation in the prevalence of MetS by sex and age in the study participants is shown in Figure 2. The overall prevalence of MetS was 32.45 % with highly significant females predominance (46.11% for females and 14.01 % for males;  $p < 0.001$ ).

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## Prevalence of Metabolic Syndrome and Its Components in ...

In total, 9310 (40.7% men) individuals completed the investigation, with a response rate of 74.1%. The prevalence of MS in China was 14.39% [95% confidence interval (CI): -3.75-32.53%], and the age-adjusted prevalence was 9.82% (95% CI: 9.03-10.61%; 7.78% in men and 6.76% in women; 7.39% in rural residents and 6.98% in urban residents).

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