

Psychological Aspects Of Physical Education And Sport Psychology Revivals

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Physical instruction at the U.S. Naval Training Station, Newport, Rhode Island, 1917. Physical education (PE) is the interdisciplinary study of all areas of science relating to the transmission of physical knowledge and skills to an individual or a group, the application of these skills, and their results. Included, among other subjects, are aspects of anthropology, biology, chemistry, physics, psychology, and sociology.

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