

## Safety In Numbers From 56 To 221 Pounds My Battle With Eating Disorders A Memoir

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Safety in Numbers

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Safety In NumbersSafety in Numbers-From 56

You are now 221 pounds and obese.Safety in Numbers: From 56 to 221 Pounds, My Battle with Eating Disorders is Brittany Burgunder's raw and captivating memoir of her 10-year battle with three forms of severe eating disorders -- anorexia, binge eating, and bulimia.

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Safety in Numbers: From 56 to 221 Pounds, My Battle with Eating Disorders is Brittany Burgunder's raw and captivatn. Imagine struggling with anorexia for seven years and finding yourself in the hospital weighing 56 pounds at 20 years old. Your parents are planning your funeral, and you are given little chance to live.

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Safety in Numbers: From 56 to 221 Pounds, My Battle with Eating Disorders offers a chaotic, humorous, tear jerking; suspenseful and frightfully honest first hand look into the unthinkable. Ultimately, it brings hope and the courage to never give up.

~~NEDA Awareness Week | From 56, to 221 Pounds | The Bloq~~

Safety in numbers is the hypothesis that, by being part of a large physical group or mass, an individual is less likely to be the victim of a mishap, accident, attack, or other bad event.Some related theories also argue (and can show statistically) that mass behaviour (by becoming more predictable and "known" to other people) can reduce accident risks, such as in traffic safety - in this ...

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