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dressings to crunchy, cool toppings, so you can mix, match and tap into your own inner salad samurai.”

TableMatters.com, 8/25/14

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beyond the pale of iceberg lettuce with recipes for indulgent salads of plant-based proteins, vibrant veggies, and zesty dressings.

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On May 20, 2014. In Books, News.  
Salads You Don't Have to Be  
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B&N / Amazon. Discover the Way of  
the Salad! Award-winning chef and  
Veganomicon coauthor Terry Hope

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**Salad Samurai – 100 Cutting-Edge, Ultra-Hearty, Easy-to ...**

Discover the Way of the Salad Award-winning chef and Veganomicon coauthor Terry Hope Romero knows her veggies. In Salad Samurai, she's

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back to teach you the way of the veggie warrior, rescuing salads from their bland, boring reputation and "side" status with more than 100 vibrant, filling entrees. This is your guide to real salad bushido: a hearty base, a zesty dressing, and loads of seriously ...

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You Don't Have to Be Vegan to Love  
by Terry Hope Romero (2014, Trade  
Paperback) \$6.99 Brand New + \$3.49

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Terry Hope Romero's Salad Samurai:  
100 Cutting-Edge, Ultra-Hearty, Easy-  
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Vegan to Love is pretty much what it  
says it is — a cookbook full of creative,

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meal-worthy vegan salads. I received a review copy from the publisher, but before it came out, it popped up on my recommended list on Amazon and my interest was piqued.

## **4 Recipes from Salad Samurai - Oh My Veggies**

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"Romero rounds up a big world of fusion and flavors for 100 cutting-edge salads...Salad Samurai recipes are bold, but totally doable. Romero gives you the recipes as well as their individual components from spirited dressings to crunchy, cool toppings, so you can mix, match and tap into your

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Author: Terry Hope Romero: Make

Publisher: Hachette Books, 2014:

ISBN: 0738217522,

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Here's a recipe from "Salad Samurai:

Download File PDF Salad Samurai 100 Cutting Edge Ultra-Hearty, Easy-To-Make Salads You Don't Have to Be Vegan to Love" by Terry Hope Romero. Chilled soba noodles, a Japanese staple in many ...

**Salad samurai Terry Hope Romero is making name as vegan chef**

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That's why "Salad Samurai: 100 Cutting-Edge, Ultra-Hearty, Easy-to-Make Salads You Don't Have to Be Vegan to Love" will prove to be an invaluable, 'kitchen cook friendly' addition to all personal, family, and community library cookbook collections.

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With more than 100 vibrant, filling entrees, Salad Samurai is your guide to real salad bushido: a hearty base, a zesty dressing, and loads of seriously

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tasty toppings. Using whole-food ingredients and seasonal produce, these versatile meatless, dairy-free dishes are organized by season for a full year of memorable meals (yes, salad can rock ...

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## **Ultra-Hearty, Easy-to ... To Make**

So imagine my intense curiosity when I saw this buffalo ranch salad recipe featuring buffalo-ized tempeh or tofu in

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**vegan buffalo ranch salad with  
tempeh and garlic croutons ...**

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