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The Mindful The A Clinicians

Integrated care for both physical and behavioral health is necessary for improved care coordination that leads to positive health outcomes for patients.

A Historical Perspective on the Integrated Care Model

Health plans have been striking more and more risk-sharing agreements with providers and digital health companies as the shift to value-based care intensifies—but that momentum faces challenges, ...

The attribution challenge that could hamstring Amazon Care

As a mental health attorney, I've devoted my professional life to representing families of loved ones with serious mental illness – families that contend with relentless uncertainties as they look to ...

When conservatorships save lives: The Britney Spears case spotlights an important part of the law

An Appalachian research study is looking for volunteers to participate in a clinical trial of depression. The Appalachian Mind Health Initiative (AMHI) is a research study to see if electronic ...

Largest clinical trial of depression in Appalachia seeking eligible participants

Children exposed to environmental stressors known to impair sleep exhibited improved sleep duration by more than 1 hour each night after undergoing a mindfulness training intervention program, with ...

Mindfulness Exercises Associated With Improved Sleep Quality, Duration in At-Risk Children

Entering the Child's Mind teaches the "clinical interview" as a technique for gaining insight into a child's way of thinking. In the tradition of Piaget and Vygotsky, Dr. Ginsburg argues that ...

The Clinical Interview In Psychological Research and Practice

FROM what they watch on telly to what they cook for dinner or how well they speak, sexpert Kate Taylor explains the subtle powers that make someone a sex hero. They love watching Gogglebox Knock, ...

Seven signs men will be great in bed... from speaking fast to the one thing they'll Google

But after surgery and taking part in a novel clinical trial, five years out, there's no re-occurrence of Andy's cancer. "There was no doubt in my mind that the clinical trial helped him," continued ...

A match maker for patients and clinical trials

But after surgery and taking part in a novel clinical trial, five years out, there's no re-occurrence of Andy's cancer. "There was no doubt in my mind that the clinical trial helped him," continued ...

New technology uses genetic testing to help millions find the perfect clinical trial match

Raman discussed her group's findings in an interview with the Reading Room. Why did your group feel it was important to undertake this analysis? Has the COVID pandemic been associated with worsened ...

Maitreyi Raman on the Fatigue Factor in Inflammatory Bowel Disease

The Medical College of Wisconsin already established striving for greater diversity, inclusion and equity as a priority, but hiring C. Greer Jordan in 2017 took the commitment to a more formal and ...

C. Greer Jordan: Behind the Scenes – Handling sensitive issues with compassion

Food and drink brands will play a lead role in growing the preventative nutrition sector. However, new research from Sagentia Innovation stresses technical and regulatory complexities need to be taken ...

The big opportunities in preventative nutrition: 'There's a real buzz surrounding functional ingredients'

While all experimental treatments have proven ineffective, science shows that the illness is not an inevitable tragedy of old age but a preventable disease in 40% of cases ...

The Alzheimer's enigma: Why is the incidence falling at 16% a decade in the world's richest countries?

Now, clinicians are starting to ask: If we treat the mind, will the skin condition also improve?

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Increasingly, we're seeing that the answer is yes. Signs That a Skin Disorder May Be Linked to ...

Psychology Today

When the UK first suggested a 12-week gap between Covid-19 vaccine doses, it was seen as a gamble. The decision was taken in December 2020, when the vaccine campaign was just kicking off, with an aim ...

Mind the gap: the evidence behind the government's Covid-19 vaccine dosing strategy

At-risk children gained more than an hour of sleep per night after participating in a mindfulness curriculum at their elementary schools, a study from the Stanford University School of Medicine found.

Mindfulness training helps kids sleep better, Stanford Medicine study finds

Johnson, and clinical psychologist Allison Gilson to get their recommendations on books that can teach people about mindfulness, based on what they found helps for their clients. Whether you're ...

The 10 best mindfulness books, according to 3 psychologists

The researchers found that a school-based program in mindfulness training – which involves being present in the moment, deep breathing and yoga movements – helped at-risk children not only curb that ...

School-Based Mindfulness Program Gives Big Boost to Young Kids' Sleep

The question seemed innocent enough, but Mark Cavendish's response said it all about what he was feeling. He had just spent the day in the breakaway at the 2020 Gent-Wevelgem, rescheduled to October ...

Mark Cavendish Is Enjoying a Most Remarkable Comeback at the 2021 Tour de France

Specifically, Mind Medicine received Type C Meeting Responses from the FDA, leading to the finalization of the company's clinical development approach for Project Lucy by selecting Generalized ...

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