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Leaves The Theutic Use Of Self

We could all use someone to talk to right now. But sifting through different types of therapy to figure out which is right for you is a tall order in the midst of, well, everything. In the past year ...

6 Common Types of Therapy—And How to Know Which Is Right for You

Many college students often take opportunities at their college for granted. Your time in higher education is one of the best times in your life to really become your highest self, both mentally and ...

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tells SELF. “It may really help to speak ... all figured out first will allow you to go in and really use that time to focus on your therapy.” How to maximize your time during therapy ...

13 Tips for Getting the Absolute Most Out of Therapy

Limbox, a company creating digital therapeutics for adolescents, released data from a trial on its new product: SparkRx. SparkRx is a self-guided therapy program for teens run entirely on a phone. ...

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Limbox releases clinical trial data on a self-guided mental health app for teens

After starting her skincare line OSEA in 1996, years later Jenefer Palmer opened OSEA Venice Skincare Studio, the company's flagship spa, in 2018. Located on Abbot Kinney Boulevard in a chic and light ...

Self-Care Sanctuary

Infrared light therapy might have the potential to help people living with dementia, according to researchers. A pilot study, led by Dr. Paul Chazot, Durham University, UK, and Dr. Gordon Dougal, of ...

Infrared Light Therapy Might Help People Living With Dementia

Self-esteem scores after the magic camp were significantly ... by illusionist and educator Kevin Spencer – an international authority on the therapeutic use of magic tricks in physical and ...

Learning magic tricks can help self-esteem of kids with ADHD

Infrared light therapy might have the potential to help people living with dementia, according to researchers.

Infrared light therapy may potentially benefit people with dementia

Self-esteem scores after the magic camp were ... and educator Kevin Spencer -; an

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International authority on the therapeutic use of magic tricks in physical and psycho-social rehabilitation ...

Teaching magic tricks to kids with ADHD can enhance their feelings of self-esteem and confidence

As COVID-19 shut down non-emergency procedures, the demand for at-home treatments reached new heights and sent investors scrambling to throw their weight behind new software, devices and programs to ...

Zerigo Health beams up \$43M from Bayer, Cigna and more for at-home psoriasis UV light therapy

Infrared light therapy might have the potential to help people living with dementia, according to researchers.

Infrared light therapy might aid dementia patients

therapeutic use of psychedelics is also showing benefits in terms of symptom reduction and improvements in self-concept, particularly among people with histories of complex trauma in childhood." ...

Psychedelics Might Help Reduce Some Impacts Of Childhood Mistreatment

An online technology was developed to assess whether physicians and potential patients who may benefit from statin therapy would come to the same diagnostic conclusion.

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Statin Therapy Decisions by Patients and
Doctors Compared By Technology

20, 2021 /PRNewswire/ -- Today marks an evolution in self-care with the launch of the new Wi-Fi-enabled Lyric™ therapeutic massager ... as a steady reminder to use it daily and develop positive ...

Introducing The Lyric™ Therapeutic Massager,
An Evolution In Self-Care

We're all knee deep in midterm season, so it's about time to get our acts together. We're going back to the basics, with some of our go-to tips for surviving this less-than-restful time.

It's Officially Midterm Season, Time to Get
Your Act Together

Limbix, a prescription digital therapeutic company developing mental health treatments for adolescents, announced the launch of SparkRx, the fi ...

Limbix Launches First Digital Therapeutic for
Adolescents with Symptoms of Depression

Luminopia, a digital therapeutics company, today announced that the U.S. Food and Drug Administration (FDA) has granted de novo premarket approval for Luminopia One as a prescription therapy to ...

Luminopia Announces FDA Approval of Digital
Therapeutic that Uses TV Shows to Improve

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Vision in Children with Lazy Eye

Self-esteem scores after the magic camp were ... and educator Kevin Spencer—an international authority on the therapeutic use of magic tricks in physical and psycho-social rehabilitation ...

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